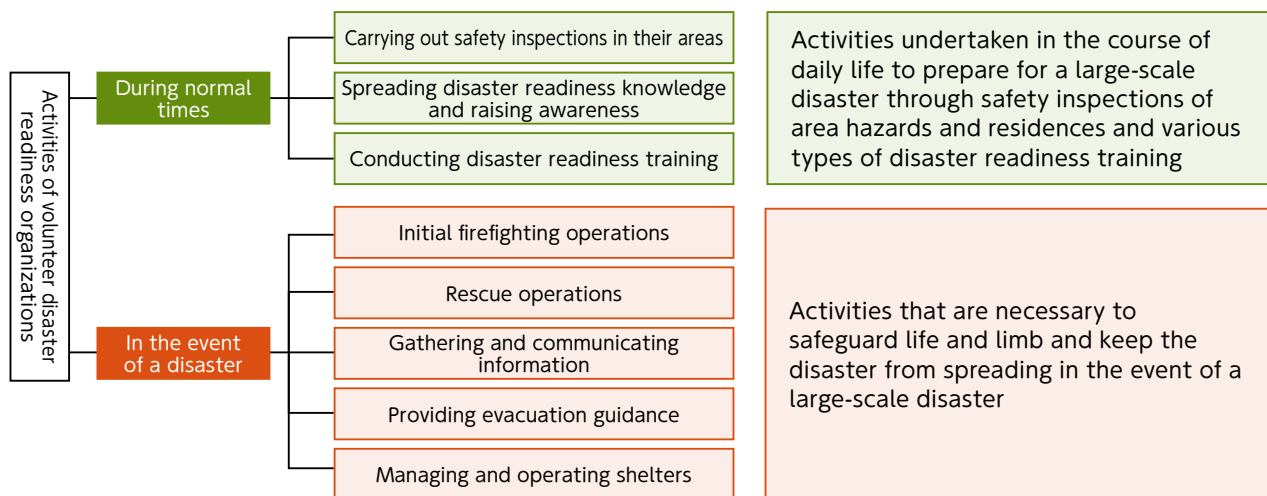


Disaster readiness in your area

Volunteer disaster readiness organizations in Hirakata City

Volunteer disaster readiness organizations have been formed in each of Hirakata City's 45 elementary school districts. These groups conduct training on topics such as fire extinguisher use, artificial respiration and cardiopulmonary resuscitation (CPR), and AED use. They also practice tasks like processing incoming evacuees at shelters, organizing evacuation routes, establishing areas for people who are feeling ill, and assembling cardboard beds and partitions in order to prepare to operate shelters in line with anti-infection measures.



Source: Volunteer Disaster Readiness Organization Activity Manual (Hirakata City)

HUG (shelter operation game)

Disaster readiness training in Hirakata City incorporates a shelter operation game known as HUG.

HUG lets participants experience events at shelters and how to deal with evacuees in the form of a game.

The name comes from the Japanese words for "shelter" (hinanjo), "operation" (un'ei), and "game" (gēmu). It also means "to embrace" in English, evoking an image of shelters as places that extend a warm welcome to evacuees.

Participants place cards bearing information about evacuees (age, gender, family makeup, illnesses, etc.) on paper representing a gymnasium or classroom being used as a shelter. They also deal with a variety of events that occur at shelters, including identifying locations for toilets and food distribution and dealing with media requests.



General information

Helping others in a disaster and offering first aid

In past disasters, many lives have been saved by residents working together

It's important to raise awareness of the need for cooperation as residents work together to create a pleasant community while safeguarding their area from disasters.

Consider participating in activities organized by your neighborhood association to help create a brighter future for your area.

And please work with your fellow residents to ensure everyone can evacuate safely by helping people who require special consideration or assistance.

Elderly and injured or ill people

Work with others to help such people and carry them on your back in an emergency.



Foreigners

Use gestures to communicate and help them avoid feeling isolated and alone.



People with hearing disabilities

Use exaggerated mouth movements and enunciate clearly. Communicate accurate information with gestures or in writing.



People with vision disabilities

Either place your hand lightly on the person's elbow opposite the hand holding the cane or give them your arm or shoulder and walk slowly half a step ahead while describing any obstructions such as stairs.

People using wheelchairs

Work with at least one other person to help people with wheelchairs negotiate stairs. Face the wheelchair forwards when going up stairs and backwards when going down. If you're alone, use a sling or other means to carry the person to safety.



First aid

Memorize how to provide first aid for typical injuries.

Bleeding



Using plastic or other gloves to prevent the spread of infectious disease, exert pressure on the wound with a clean piece of gauze or handkerchief to stop bleeding. Hold the wound higher than the heart if possible.

Burns



Cool the burn as soon as possible with running water. If the victim is wearing clothing, cool the burn from outside the clothing.

Broken bones



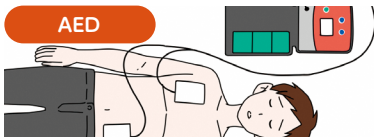
Apply a splint to the area of the break (or use a piece of wood or an umbrella as an alternative) to immobilize it along with the joints above and below the break.

CPR



Apply compressions to the victim's sternum. (Strength: Compress about 5 centimeters for an adult or about 1/3 the thickness of the chest for a child.) (Speed: Use an unbroken rhythm of 100 to 120 compressions per minute.)

AED



Press the power button to begin audio guidance (some models turn on automatically when the cover is opened). Follow the instructions to affix the pads to the right side of the chest and the left side of the abdomen to begin analyzing the victim's electrocardiogram. Verify that nobody is touching the victim and press the "shock" button to energize the pads.

How to check on the safety of others

In the event of an earthquake or other disaster, it's typically difficult to get through to stricken areas by phone.

It's a good idea to work out a method for checking on the safety of family members and friends.



Disaster message number "171"

Recording a message

Playing a message

Dial **1 7 1**

Listen to the instructions.

1 To record

2 To play back

Enter a phone number in the area affected by the disaster, starting with the city code.

Example :

x x x x x x x x x x

1 Record

1 Play

9 Exit

8 Again **9** Different message / exit

Disaster message board "web171"

Registering a message

Reading a message

Access <https://www.web171.jp/>

Enter the phone number for which you wish to record or check messages.

Example :

x x x x x x x x x x

Click **Post**

Click **Read**

Enter the name, well-being (known/unknown), and message.

Click **Post**

Review the message.

You can continue to register messages after reviewing the current one.

Preparing for emergencies Try using "171" and "web171"

Practice dates

Every month

1st and 15th of every month
0:00 to 24:00

Disaster Readiness
Week

9:00 on August 30 to
17:00 on September 5

January 1
through 3

0:00 on January 1 to
24:00 on January 3

Disaster Readiness
and Volunteer Week

9:00 on January 15 to
17:00 on January 21

As during practice use, no communication fees apply to calls placed to record or play messages from NTT West or NTT East phone service during times of disaster. If using another service provider's phone service, including mobile or PHS service, please contact your provider for more information about rates and fees. The service may not be available for practice use in the event of an actual disaster. Internet connection fees, provider usage fees, and communication fees (if using a dial-up connection) may apply.

Social media

You can check on friends' and family members' safety and gather and share information using social media apps like LINE and Twitter. It's a good idea to follow Hirakata City's official LINE and Twitter accounts. (For more information about how to sign up, see "How to obtain disaster information" on page 8.)

Shelters in Hirakata City

Primary shelters (designated emergency shelters and designated shelters)

No.	Facility/location	Address	Phone	Fax	Disaster type						
					Flooding					Landslide/ debris flow	Earthquake
					Yodo River	Kizu River	Funahashi River	Hotani River	Arano River		
1	Kuzuha Kita Elementary School	Kuzuha-Noda 3-13-1	050-7102-9136	868-1061	○	○	○				○
2	Kuzuha Elementary School	Minami-Kuzuha 2-40-6	050-7102-9048	857-2300	*	○	○				○
3	Kuzuha Nishi Elementary School	Kuzuha-Namiki 1-11-1	050-7102-9108	855-1573	*		*				○
4	Kuzuha Minami Elementary School	Kuzuha-Misaki 1-25-1	050-7102-9096	857-2175	○		○				○
5	Funahashi Elementary School	Higashiyama 1-68	050-7102-9140	868-1251	○		*				○
6	Makino Elementary School	Kamijima-Higashimachi 4-18	050-7102-9072	857-2566	*		*	○		○	○
7	Tonoyama 2nd Elementary School	Yabugaoka 2-7-53	050-7102-9044	857-7043	○		○	○			○
8	Shodai Elementary School	Shodai-Higashimachi 2-2-8	050-7102-9084	856-1749	○		○	○			○
9	Hirano Elementary School	Shodai-Nakamachi 1-53-1	050-7102-9160	868-7555	○		○	*			○
10	Osaka Dental University Makino Campus	Makino-Honmachi 1-4-4	856-2111	868-5148	○		○	○	○		○
11	Makino Lifelong Learning Center, Makino Kita Branch	Makino-Kitamachi 11-1	050-7102-3170	850-1761			○	○	○		○
12	Nishi Makino Elementary School	Nishi-Makino 2-1-1	050-7102-9116	851-0035	*		○	*	*		○
13	Ogura Elementary School	Oguracho 29-1	050-7102-9092	857-2173	*			*	○		○
14	Kohoku Elementary School	Kohoku 2-30-5	050-7102-9076	856-1112	○			*			○
15	Yamada Higashi Elementary School	Taguchi 3-16-1	050-7102-9152	849-9235	○			*			○
16	Hirakata Municipal Gymnasium	Nakamiya-Oike 4-10-1	848-4800	840-4495				*			○
17	Tonoyama 1st Elementary School	Ueno 1-6-5	050-7102-9040	847-5127	○			○	○	○	○
18	Yamada Elementary School	Kaidacho 1-27	050-7102-9032	847-5131	○			*			○
19	Kin'ya Elementary School	Nakamiya-Kitamachi 4-1	050-7102-9148	849-7751	○			○	○	○	○
20	Isoshima Elementary School	Isoshima-Kitamachi 3-1	050-7102-9100	849-2214	*			*	*		○
21	Nakamiya Elementary School	Nakamiya-Yamatocho 22-3	050-7102-9088	849-2255	○			○	○	○	○
22	Meirin Elementary School	Nakamiya-Nishinocho 10-6	050-7102-9036	847-5135	○			○	○	○	○
23	Sakuraoka Kita Elementary School	Hoshigaoka 4-31-1	050-7102-9128	847-2662				○	○		○
24	Sakuraoka Elementary School	Murano-Honmachi 30-1	050-7102-9028	840-5767				○	○	○	○
25	Hirakata Performing & Visual Arts Center Annex (former Mecenat Hirakata Hall)	Shinmachi 2-1-5	843-5551	843-5700	*			○	*		○
26	Hirakata Park Youth Center	Ikaga-Higashimachi 6-8	050-7102-3145	843-4699	*				*		○
27	Hirakata Elementary School	Hirakata-Kaminocho 9-21	050-7102-9000	845-0086	○			○	○	○	○
28	Hirakata 2nd Elementary School	Tamiya-Honmachi 11-1	050-7102-9004	843-5125	○			○	*	○	○
29	Sapuri Murano	Murano-Nishimachi 5-1	805-0105	805-0110				*	*		○
30	Yamanoue Elementary School	Yamanoue 1-32-1	050-7102-9068	841-0369				○	○	○	○
31	Kawagoshi Elementary School	Shakusonjicho 30-1	050-7102-9120	853-6800				○	○	○	○
32	Sada Higashi Elementary School	Suikoencho 30-1	050-7102-9124	846-6433	○				○	○	○
33	Gojo Elementary School	Korigaoka 6-9	050-7102-9020	854-0441						○	○
34	Kaisei Elementary School	Korigaoka 2-5	050-7102-9016	854-0410					○	○	○

No.	Facility/location	Address	Phone	Fax	Disaster type						
					Flooding					Landslide/ debris flow	Earthquake
					Yodo River	Kizu River	Funabashi River	Hotani River	Amano River		
35	Ikaga Elementary School	Ikaga-Nishimachi 53-1	050-7102-9172	846-5066	*				○		○
36	Sada Elementary School	Kita-Nakaburi 2-11-21	050-7102-9008	833-6600	○				○	○	○
37	Koyo Elementary School	Korigaoka 11-36-1	050-7102-9080	854-7981						○	○
38	Sada Nishi Elementary School	Deguchi 6-20-1	050-7102-9104	832-8222	*				○		○
39	2nd Junior High School	Korien-Higashinocho 20-26	050-7102-9185	832-3624	○					○	○
40	Kori Elementary School	Korigaoka 10-5-2	050-7102-9012	854-0550						○	○
41	Kasuga Elementary School	Koda 2-15-10	050-7102-9024	854-0036						○	○
42	Higashi Kori Elementary School	Higashikori-Minamimachi 44-1	050-7102-9168	853-7222							○
43	Nagao Elementary School	Nagao-Kitamachi 3-3-2	050-7102-9164	851-6400			*				○
44	Nishi Nagao Elementary School	Nagao-Nishimachi 2-45-1	050-7102-9176	850-8400			○			○	○
45	Tanokuchiyama Elementary School	Taguchiyama 3-10-1	050-7102-9112	851-0025				○		○	○
46	Sugahara Elementary School	Fujisaka-Nakamachi 13-1	050-7102-9056	857-6053				○			○
47	Sugahara Higashi Elementary School	Fujisaka-Higashimachi 3-10-1	050-7102-9144	858-2125				○		○	○
48	Fujisaka Elementary School	Fujisaka-Minamimachi 1-40-1	050-7102-9156	868-0565			*				○
49	Himuro Elementary School	Son'en-ji 3-1-38	050-7102-9060	858-8244						○	○
50	Kansai Gaidai University Gakkentoshi Campus	Hotani 1-10-1	858-0021	858-3331						○	○
51	Tsuda Elementary School	Tsuda-Nishimachi 1-33-1	050-7102-9052	858-8034				○		○	○
52	Tsuda Minami Elementary School	Tsuda-Nishimachi 3-10-1	050-7102-9132	859-2000				○		○	○

○...Shelters that might be open (for flooding, shelters that might be open if the water level rises in the indicated river[s])

*...Shelters that are located in an anticipated flood zone but that can accommodate evacuees in an emergency, for example if they were late to evacuate, in a building that is at least 3 stories tall

■Kuzuha Junior High School might be open if the water level in the Yodo River rises.

■Decisions about whether to open shelters triggered by rising water levels in the Toda River, Kita River, and Mae River will take into account the water level in the Amano River (target shelters are the same as those for which the Amano River is indicated in the list).

Secondary shelters

No.	Facility	Address	Phone	Fax
1	Kuzuha Junior High School	Kuzuhaoka 2-12-1	050-7102-9220	855-1566
2	Kuzuha Nishi Junior High School	Nishi-Funahashi 2-43-1	050-7102-9225	850-3404
3	Shodai Kita Junior High School	Shodai-Kitamachi 2-35-1	050-7102-9265	867-1911
4	3rd Junior High School	Yabu-Higashimachi 1-5	050-7102-9190	857-7331
5	Shodai Junior High School	Shodai-Higashimachi 2-1-12	050-7102-9215	855-5593
6	Yamada Junior High School	Kohoku 2-28-1	050-7102-9245	848-7814
7	Nagisa Nishi Junior High School	Nagisanishi 3-25-1	050-7102-9250	847-8603
8	1st Junior High School	Nagisa-Higashimachi 2-1	050-7102-9180	840-2084
9	Nakamiya Junior High School	Doyama 1-2-6	050-7102-9210	848-8288
10	Sakuraoka Junior High School	Sakuragaokacho 65-1	050-7102-9255	848-4830
11	Hirakata Junior High School	Nishi-Tamiyacho 19-1	050-7102-9205	843-8550
12	4th Junior High School	Korigaoka 5-3-2	050-7102-9195	854-0865
13	Sada Junior High School	Deguchi 5-40-1	050-7102-9260	833-7015
14	Osaka City High School	Kita-Nakaburi 2-8-1	833-0101	834-9304
15	Higashi Kori Junior High School	Higashikori 3-37-1	050-7102-9230	853-7877
16	Nagao Junior High School	Nagao-Kitamachi 3-3-1	050-7102-9235	868-1071
17	Nagao Nishi Junior High School	Nagao-Tanimachi 1-73-1	050-7102-9270	855-6755
18	Sugi Junior High School	Sugi 4-1-1	050-7102-9240	858-8985
19	Tsuda Junior High School	Tsuda-Kitamachi 1-32-1	050-7102-9200	858-8132

Secondary shelters will be opened in the event of a large-scale disaster if primary shelters are unavailable due to damage or if there is not enough shelter space available.

*Kuzuha Junior High School is a designated emergency shelter.

Welfare shelters

Facility	Address, phone, and fax
Sogo Fukushi Kaikan [General Welfare Hall] (Rapport Hirakata)	Shinmachi 2-1-35 Phone : 845-1602 Fax : 843-3320
Hirakata City General Welfare Center (Elderly Citizens' Welfare Center)	Tsuda-Higashimachi 2-26-1 Phone : 858-5835 Fax : 859-5479

These shelters may or may not open as they are intended for use by individuals who would require special consideration or assistance if they evacuated to a primary shelter such as an elementary school gymnasium.
*See Hirakata City's website for more information about other welfare shelters.

Wide-area shelters

Location	Management office, phone, and fax
Yamadaike Park	Yamadaike Park Office Phone : 851-4761 Fax : 851-4762
Yodo Riverbed	Kinki Regional Development Bureau Yodo River Office Phone : 843-2861 Fax : 843-2674

Evacuation areas for use in the event of a large-scale fire during a disaster

Traffic restrictions in the event of a disaster: Emergency Traffic Route

— Legend —

Green numbers : Locations of **primary shelters** (See pages 36 and 37 for details.)

Red numbers : Locations of **secondary shelters** (See page 37 for details.)

Green box : Locations of wide-area shelters (See page 37 for details.)

Pink line : Emergency traffic routes *National route numbers are indicated by symbols.

List of temporary shelters

Green box Temporary shelters:

City parks, elementary school athletic fields, and other sites with an area of at least 1 hectare (See the tables of shelters on pages 36 and 37 for more information about elementary school athletic fields.)

Facility	Address
Shimin-no-Mori [Citizens' Forest] (Kyoden'ike Ryokuchi Green Space)	Kuzuhaoka 2, Kuzuha-Noda 2
Kuzuha Higashi Park	Kuzuha-Asahi 3
Kuzuha Chuo Park	Kuzuha-Namiki 2
Nakanoike Park	Higashiyama 2
Wani Park	Wani Park
Makino Park	Makinosaka 2, Uyamacho
Sakaimaike Park	Koganeno 1
Doyama Park	Doyama 2
Korigaoka Chuo Park	Korigaoka 4
Korigaoka Higashi Park	Korigaoka 3
Korigaoka Minami Park	Korigaoka 10
Kitayama Park	Kitayama 1
Kuniminooka Park	Tsuda-Yamate 1
Kurumazuka Park	Kurumazuka 1 and 2
Kudaraji-ato Park	Nakamiya-Nishinocho
Kohoku Park	Kohoku 4
Soraminooka Park	Tsuda-Yamate 2

In general, evacuees should make their way to shelters on foot. Please avoid travel by car.
Emergency traffic routes are specified when traffic managers (the Public Safety Commission) designate routes and intervals on which to prohibit or restrict travel by general vehicles in order to facilitate the precise and smooth implementation of emergency measures in response to a disaster in accordance with Article 76 Paragraph 1 of the Basic Act on Disaster Management.

**Sogo Fukushi Kaikan
[General Welfare Hall]**
(Rapport Hirakata)
総合福祉会館
(ラポールひらかた)

