

月 火 水 木 金

Table for Monday (1) featuring 'ごはん ぎゅうにゅう' with ingredients like じゃがいも, たまねぎ, and じゃがいも.

Table for Tuesday (2) featuring 'コッペパン ぎゅうにゅう' with ingredients like わかめスープ, ぶたにく, and たまねぎ.

Table for Wednesday (3) featuring 'げんまいごはん ぎゅうにゅう' with ingredients like ボークカレー, ぶたにく, and つちしょうが.

Table for Thursday (4) featuring 'ごはん ぎゅうにゅう' with ingredients like みそしる, たまねぎ, and じゃがいも.

Table for Friday (5) featuring 'ごまパン ぎゅうにゅう' with ingredients like レタススープ, ぶたにく, and じゃがいも.

Table for Monday (8) featuring 'ごはん ぎゅうにゅう' with ingredients like マーボーどうふ, ぶたミンチにく, and つちしょうが.

Table for Tuesday (9) featuring 'コッペパン ぎゅうにゅう' with ingredients like キャベツのスープ, ベーコン, and たまねぎ.

Table for Wednesday (10) featuring 'わかめごはん ぎゅうにゅう' with ingredients like きざみうどん, うすあげ, and たまねぎ.

Table for Thursday (11) featuring 'ごはん ぎゅうにゅう' with ingredients like ごじる, だいず, and うすあげ.

Table for Friday (12) featuring 'しよくパン ぎゅうにゅう' with ingredients like ミネストローネ, とりにく, and にんじん.

Table for Monday (15) featuring 'ごはん ぎゅうにゅう' with ingredients like かんどうに, とりにく, and にんじん.

Table for Tuesday (16) featuring 'しよくパン ぎゅうにゅう' with ingredients like オニオンスープ, ベーコン, and にんにく.

Table for Wednesday (17) featuring 'ごはん ぎゅうにゅう' with ingredients like ホイコウロウ, ぶたにく, and つちしょうが.

Table for Thursday (18) featuring 'ごはん ぎゅうにゅう' with ingredients like とりだんご, とりにく, and にんじん.

Table for Friday (19) featuring 'パーカーパン ぎゅうにゅう' with ingredients like いんげんまめの クリームスープ, ベーコン, and にんにく.

Table for Monday (22) featuring 'ごはん ぎゅうにゅう' with ingredients like タツリタン, とりにく, and りょうりしゆ.

Table for Tuesday (23) featuring 'こくどうパン ぎゅうにゅう' with ingredients like おきなわそば, やきぶた, and かまぼこ.

Table for Wednesday (24) featuring 'ごはん ぎゅうにゅう' with ingredients like どうがみじる, とりにく, and にんじん.

Table for Thursday (25) featuring 'ごはん ぎゅうにゅう' with ingredients like たまごとコーンの スープ, ベーコン, and にんじん.

Table for Friday (26) featuring 'コッペパン ぎゅうにゅう' with ingredients like やさいいため, ぶたにく, and つちしょうが.

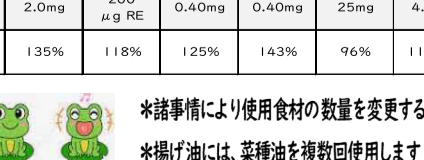
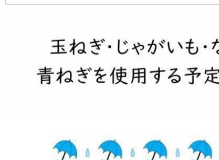
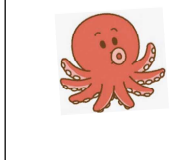
Table for Monday (29) featuring 'ごはん ぎゅうにゅう' with ingredients like たまねぎのおつゆ, たまねぎ, and にんじん.

Table for Tuesday (30) featuring 'ごはん ぎゅうにゅう' with ingredients like おやこに, とりにく, and たまねぎ.

Table for monthly menu including 'げんまいごはん' (3 days) and 'わかめごはん' (10 days).

Table for nutritional information for middle school students (3-4 years) showing energy, protein, and other nutrients.

Text regarding the 'Seasonal Ingredients' theme for the school lunch competition, mentioning the use of local products and specific ingredients like ginger.



給食食材の産地について (About the origin of school lunch ingredients) section with a table of origin information.